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Briefly About Mark Divine: Mark is a highly He is also the author of The Way of the SEAL published by Readers Digest and 8 Weeks to SEALFIT published by St

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Author: Mark Divine Title: 8 Weeks to SEALFIT A Navy SEAL s Guide to Unconventional Training for Physical and Mental Toughness Print Length: 272 pages

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There are 6 professionals named mark divine, Mark is the founder and leader of several highly successful "8 Weeks to SEALFIT" by St. Martin's

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SEALFIT was developed by retired Navy SEAL Commander Mark Divine for the unique and specialized needs of professionals seeking to reach their fullest potential.

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