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Author of "*Work Makes Me Nervous: Overcome Anxiety and Build the Confidence to Succeed*" (John Wiley & Sons) 2010, and "*Beyond Shyness: How to Conquer Social Anxieties*

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Jonathan berent (author of beyond shyness)

Jonathan Berent is the author of *Beyond Shyness* (3.50 avg rating, 18 ratings, 2 reviews, published 1993), *Work Makes Me Nervous* (4.06 avg rating, 16 rati

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